



Rob Stewart

Senior Consultant

Building the leaders of tomorrow through psychology, behavioural science and coaching.

About

Rob is a leadership psychologist, keynote speaker and published author who helps leaders build effective teams, navigate change and make sound decisions in complex organisations and environments.

He has designed and delivered leadership development across Europe, the Middle East, the Americas and Asia.

His focus is helping middle managers lead teams effectively and grow, and enabling experienced executives to thrive amid uncertainty, organisational change and within the growing ubiquity of AI.

Approach



Combines neuroscience, behavioural science and best practice learning techniques.



Creates engaging, dynamic and thought-provoking learning experiences.



Uses a solution-focused and integrative coaching style to support development.



Helps leaders translate insight into meaningful behavioural change and performance improvement.

Experience



Worked in psychology throughout his career, from counselling psychology to executive coaching.



Designs and delivers leadership development, performance management and D&I programmes.



Coaches leaders at all levels, from first-time managers to C-suite executives.



Delivers leadership programmes globally across a wide range of sectors and industries.

Qualifications and credentials

MSC Cognitive Behavioural Therapy

BSc Psychology

PGDip Occupational Psychology

EMDR Practitioner

Certificate in Brain Based Counselling

"What does this person need from me, right now, to perform?"